

*Answers*

*Interesting Facts About Milk*

1. The Greeks thought of milk as medicine and provided it to their Olympic athletes to keep them healthy.
2. Nero's wife kept a herd of 500 donkeys to keep her bathtub full of milk, which she believed would keep disease and blights away from her skin.
3. Sheep, goats, camels, donkeys, horses, yaks, water buffalo, reindeer, and even moose milk are consumed in other parts of the world.
4. Llamas
5. True
6. 98%
7. Finland
8. True. Researchers used water as a control and assigned a value of 1.0 on the Body Hydrating Index (BHI). Skim milk (1.58) and full-fat milk (1.50) were more hydrating than water itself.
9. Cheese curds have a tightly woven protein network that allows it to "rebound" from our teeth when we bite, creating the squeak.